

**A Spiritual Physical**  
**Exam #1: Ears, Eyes, and Throat**  
Psalm 139:23-24  
April 13, 2008

**INTRO:**

1. First part of our Spiritual Physical today.
  - a. Starting at the head
  - b. Great Physician searching our Ears, Eyes, and Throat today.
2. Remember, a physical may not be pleasant, it may be painful, but it is certainly beneficial.

**\*READ TEXT\***

**I. Ears (2 Timothy 4:3-4)**

- A. Are we hearing sound doctrine or do we have itchy ears?
  - a. When we hear sound doctrine does it still mold us?
  - b. Have we become complacent to the teaching and preaching of the Word?
  - c. Do we seek out those who will only tell us what we want to hear?
- B. Are we tuning out the truth?
  - a. Do the truths of God's Word still move us and challenge us?
  - b. Have we come to think apply to everyone but ourselves?
  - c. Are we practicing "situational ethics"?
- C. Are we believing the fables of the enemy?
  - a. Stories about one another?
  - b. Stories about the church?
  - c. Stories about our Savior?

**II. Eyes (Matthew 6:22-23; Luke 11:34-36)**

- A. Are we looking at things that will enlighten our souls?

- a. Philippians 4:8-9
  - b. We are what we see. Do you see how we can do things or how we can't?
  - c. Isaiah saw the light and said, "Here am I, send me".
- B. Are we looking at things that will darken our vision?
    - a. The opposites of Philippians 4:8-9
    - b. The things the world deems good?
    - c. Are you looking at the outside of your brothers/sisters in Christ instead of the inside?
  - C. The darkness of our eyes can be cured by the Light of the world!
    - a. Isaiah 60:1-2
    - b. John 1:1-5
    - c. Fixing our eyes on Jesus will reflect His light to the world.

**III. Throat (James 3:1-12)**

- A. The power of the tongue (vv. 3-8a)
  - a. Like a bit in a horses' mouth
  - b. Like a rudder on a ship
  - c. Like a spark to a forest fire
  - d. Can't be tamed by man alone (8a)
- B. The power of its poison (v. 8b)
  - a. It is unruly
  - b. It is evil
  - c. It is deadly
- C. The power of its perversion (vv. 9-12)
  - a. Perverts our worship (vv. 9-10)
  - b. Perverts our witness (v. 12a)
  - c. Perverts our Water (vv. 11, 12b)

**CONC:**

- Allow God to search your ears, eyes and throat today.
- Seek forgiveness for the things you've heard, seen or said that would be "wickedness" before Him
- Then let's listen to His Word, fix our eyes on Jesus, and speak the truth in love.